THE WOMAN'S MISSIONARY UNION OF THE SYNOD OF VIRGINIA.

The fifth annual meeting of the Woman's Missionary Union of the Synod of Virginia was held in the Second Presbyterian Church, Staunton, November 2-4, 1909.

The meeting was opened by the pastor, Rev. W. N. Scott, D.D., assisted by Rev. A. M. Fraser, D.D., a large number of delegates and others being present. The Communion of the Lord's Supper was celebrated, Dr. Fraser preaching the sermon from the text, "For as often as ye eat this bread and drink this cup, ye do shew the Lord's death till he come."

A cordial welcome was extended by Dr. Scott, also by Mrs. Howison, who presented the union with a "gavel" which she had brought from Jerusalem, made of olive wood, from Mount Zion.

Every union in the Synod was represented, there being forty officers and delegates, with nine presidents, who responded to the roll call.

The president's report showed much interest and growth in the work. She had attended three annual meetings-Chesapeake, Lexington and East Hanover-also the International Union of Women's Foreign Mission Societies in New York, June 16.

Recognizing the valuable work being done by the women of the South, the General Assembly has appointed three women as delegates to the Ecumenical Conference in Edinburgh next June.

The report of the corresponding secretary also brought words of encouragement from all of the unions. Thirty. two new adult societies and many Y. P. Societies have been added during the year. Over \$33,000 has been collected and distributed, a gain of nearly \$8,000 over last year. Four thousand two hundred and thirty-five dollars of the amount contributed was from the Young People's Societies, who had a prominent place on the program.

A message from the Executive Committee at Nashville was read, congratulating the unions on the work of the year, which had been a constant Forward Movement. The special work that was urged by the Executive Committee of Home Missions was the building of the Presbyterian College of Oklahoma at Durant. To promote this cause Mrs. Stewart was instructed to write an appeal to the women of the South asking their co-operation and assistance by giving one dollar each, as they had done toward the Debt Fund.

Interesting addresses were made by workers in both home and foreign fields-Mrs. Staples and Miss Mattrom from the home field, Mr. and Mrs. Tate and Mrs. Daniel from Korea, and Mrs. Malcolm from China.

Conferences held an important place on the program, the discussion developing new ideas, suggesting progress among many lines.

The special feature of the union was the address by ex-Gov. R. B. Glenn of North Carolina, whose words of burning zeal and ardor enchained the attention



of a crowded house for nearly two hours. Breathless, they waited on his words. He afterwards said, in an apologetic tone: "The people would not let me go." How could they, when he spoke of the great dangers threatening the nation, the growing disregard of the Sabbath, intemperance amongst the high as well as low, and the conditions as existing in the mountain and rural districts?

The report from the Committee on "The Home for Returned Missionaries" showed that interest had been awakened and funds were being collected for that worthy enterprise.

The next meeting of the union will be held in Central Church, Washington, D. C., November, 1910.

Officers for the ensuing year are: President, Mrs. J. C. Stewart, Richmond; vice president, presidents of unions; recording secretary, Mrs. T. Cary Johnson, U. T. Seminary; corresponding ing secretary, Home Missions, Mrs. W. B. McIlwaine, Petersburg; corresponding secretary, Foreign Missions, Miss J. M. Rutherford, Richmond; secretary literature, Mrs. J. L. Beati, Chevy Chase, Md.; Y. P. Society, Mrs. S H McCormick, Steeles Tavern; treasurer, Mrs. A. M. Howison, Staunton.

J. M. Rutherford, Cor. Secy.

ONE HEART MAKES GLAD.

It was an uncomfortable, windless day. The sun shone through a mist of haze and heat, the road and roadside grass and bushes were gray with dust, and the car was nearly filled with wearyfaced people. The previous car had jumped the track, and some of us were anxious and cross, fearing the delay meant missing the train at the junction.

Another stop, this time to take up two passengers at a cross road, one of whom was a stout old lady, who said: "Thanky, dear!" to the conductor who

helped her on. Her hair was silverwhite, and her face was wrinkled, but, oh, the sweet beauty of it! She beamed on us, one and all, as if we were welcoming friends, and then settled happily in her seat.

"La, now! ain't this 'ere car nice, Lizzie? The last time we went from your house to visit Carrie we rode in a wagon! It's truly wonderful how things is improvin'! I wisht we had cars up our way! But, land sakes! one can't hev every-

Soon we halted at a switch and some one said:

"Oh, dear, another wait! And isn't it hot?"

"Prime weather for corn!" answered the dear old grandma. "We've got a patch nigh onto an acre, with three plantin's in it, so we'll hev b'ilin' corn clear up to frost! This sun an' heat is wonderful sweetenin' to the ears! An' we've got melons, too."

Every one of us smiled, and wished that she was our very own grandma and that we could visit her in her up-country home, have a feat of that sweet corn, and better still, forget our world-frets and hunts in the presence of simplicity and overflowing loving-kindness!-The Delin-

Little Soldiers

your blood are the millions corpuscies that defend you against disease.

To make and keep these little soldiers healthy and strong, is simply to make and keep the blood of the right quality

and keep the blood of the right quality and quantity.

This is just what Hood's Sarsaparilla does—it helps the little soldiers in your blood to fight disease for you.

It cures scrofula, eczema, eruptions, catarrh, rheumatism, anemia, nervousness, dyspepsia, general debility, and builds up the whole system.